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### [Leslie Beck - Home Page](#)

[lesliebeck.com](#)

Leslie **Beck** has spent her career helping Canadians achieve their health goals as they relate to **diet** and nutrition. She is a best-selling author, columnist, and ...

### [The Beck Diet Solution - PEERtrainer](#)

[www.peertrainer.com/diet/beck\\_diet\\_solution.htm](#)

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### [Cognitive Therapy Training Center | Beck Institute](#)

[www.beckinstitute.org](#)

This is the official home of the world-renowned CBT Training Center, the **Beck** Institute for Cognitive Behavior Therapy.

### [Judith S. Beck - Wikipedia, the free encyclopedia](#)

[en.wikipedia.org/wiki/Judith\\_S.\\_Beck](#)

Judith S. **Beck**, Ph.D. (born May 5, 1954) is an American psychologist who is best known for her work in cognitive therapy. Her father is Aaron **Beck**, M.D., the founder ...

1   2   3

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